## Seconds, Minutes and Hours

## We all heard about the sentences like,



I'm coming in a minute.


Wait a second.


Finish your homework in an hour

We know the words minutes, seconds, hours. Let's see how much time it means.

## Seconds

Very short durations are expressed in seconds which is called smallest unit of time.

## Activities that we can do in seconds



Blinking eyes


Smile


Waving hands

## Minutes

The durations longer than seconds are called minutes.
Activities that we can do in minutes


Drinking juice


Watering a plant


Eating a slice of pizza

The durations longer than minutes are called hours.
Activities that we can do in hours


Complete homework


Watching
movies


Playing with friends

## Analogue clock



This is the shortest and thickest hand, and it tells us the hours. It takes 12 hours to make one complete revolution around the clock face.

## Minutes hand

This is the medium-length hand, and it tells us the minutes. It takes 60 minutes for it to make one complete revolution around the clock face.

## Seconds hand

This is the thinnest and fastest hand, and it tells us the seconds. It takes 60 seconds for it to make one complete revolution around the clock face.

## Digital clock

## \#0:35:54

- Seconds

Minutes

Hours

60 seconds $=1$ Minute

60 Minutes $=1$ Hour

## Units of time

1 Minute $=60$ seconds
1 Hour = 60 minutes

60 Minutes $=1$ hour
60 Seconds $=1$ minute

